CATALYST
(kat-a-list) noun

1. an agent that provokes or speeds significant change or action.

2. a new one-day program from LeaderShape.
CATALYST: Interpersonal Edition Overview

Should I attend?
While appropriate for a variety of participants, the Interpersonal Edition of Catalyst has been designed primarily for individuals not yet in significant leadership positions. The ideal audience would include individuals beginning their exploration of leadership possibilities or individuals serving as committee or team members or leaders. Officers of organizations might benefit most from the Organizational Edition of Catalyst. However, as evidenced by the questions shared below, the content has relevance and meaningful for almost anyone rethinking who they are and what they do.

What will I do?
Catalyst: Interpersonal Edition is designed to engage participants in exploration of the following questions:
• Who am I, what are my values, and what matters to me?
• What are my gifts … my talents, strengths, qualities?
• What is my personal style and how can I enhance my interactions with others?
• When I have been most excited about a project or an organization, why was that the case? What lessons from the past can help shape my choices for the future?
• What are the relationships, issues, and organizations that I care about and how do I want to contribute to them in the future?

The program content features a variety of learning formats to support both extroverted and introverted learning styles and features a personal workbook to help participants make the most of the program’s activities and discussions.

What will I get?
At the end of the day participants will leave with a completed roadmap capturing their (1) core skills, strengths, and interpersonal style attributes and (2) the communities, organizations, and causes they care about.
In addition, they will have identified the initial contributions and commitments they want in #2 using their personal elements identified in #1.

CATALYST: Interpersonal Edition Content Flow
9:00-10:00am Registration and Welcome
10:00-10:30am BEGIN: What’s Up for the Day?
10:30-11:05am Choose Your Path: The Journey Begins
11:15-12 noon Choose Your Path: What You Bring to Your Journey
12:00-12:45pm Lunch
12:45-1:45pm Connect with Others: Understanding Individual Style
1:45-2:25pm Connect with Others: Getting Things Done
2:40-3:30pm Commit to Action: Planning Your Path
3:30-4:15pm Commit to Action: Staying in Action